

Polariton-polariton scattering in microcavities: A microscopic theoryM. M. Glazov,¹ H. Ouerdane,^{2,3} L. Pillozzi,⁴ G. Malpuech,³ A. V. Kavokin,^{5,6} and A. D'Andrea⁴¹*Ioffe Physical-Technical Institute, Russian Academy of Sciences, 194021 St. Petersburg, Russia*²*Centre de Recherche sur les Ions, les Matériaux et la Photonique, UMR 6252, CEA-CNRS-ENSICAEN-Université de Caen, Boulevard Henri Becquerel, BP 5133, F-14070 Caen, France*³*LASMEA, UMR 6602, CNRS-Université Blaise Pascal, 24 Avenue des Landais, 63177 Aubière Cedex, France*⁴*Istituto dei Sistemi Complessi, CNR, Cassella Postale 10, Monterotondo Stazione, Rome I-00016, Italy*⁵*School of Physics and Astronomy, University of Southampton, Highfield, Southampton SO17 1BJ, United Kingdom*⁶*Marie-Curie Chair of Excellence "Polariton Devices," University of Rome II, via della Ricerca Scientifica 1, Rome 00133, Italy*

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We apply the fermion commutation technique for composite bosons to polariton-polariton scattering in semiconductor planar microcavities. Derivations are presented in a simple and physically transparent fashion. A procedure of orthogonalization of the initial and final two-exciton state wave functions is used to calculate the effective scattering-matrix elements and the scattering rates. We show how the bosonic stimulation of the scattering appears in this full fermionic approach whose equivalence to the bosonization method is thus demonstrated in the regime of low exciton density. We find an additional contribution to polariton-polariton scattering due to the exciton oscillator strength saturation, which we analyze as well. We present a theory of the polariton-polariton scattering with opposite spin orientations and show that this scattering process takes place mainly via dark excitonic states. Analytical estimations of the effective scattering amplitudes are given.

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I. INTRODUCTION

The study of exciton polaritons (polaritons) is a rapidly developing area in modern condensed-matter physics. Cavity polaritons, which are two-dimensional excitons strongly coupled to trapped photons in quantum microcavities,¹ exhibit a rich variety of nonlinear effects. These include stimulated scattering,² polarization rotation,³ bistable⁴ and multistable behaviors,⁵ superfluidity,^{6,7} and Bose condensation.^{8,9} Because of these unique properties, cavity polaritons are among the promising candidates for the implementation of future low-threshold optoelectronic devices and their investigation thus has become topical.

It is well established that the exciton-exciton interaction affects the exciton spin and momentum relaxation as well as the optical properties of semiconductors. The determination of the possible nonlinearities governing optical properties is a fundamental question of prime importance in this field. Although it is quite clear that the excitonic interactions are the main source of nonlinearity, the specifics of microcavity polaritons has not been entirely revealed and the polarization dependence of exciton-exciton has not been described in detail. The main complication of the theoretical description of the exciton-exciton interaction arises from the fact that excitons are composite particles, each being formed of two fermions: an electron and a hole. At first glance, such a problem seems quite similar to that of interacting hydrogen atoms but the effective masses of positively and negatively charged carriers are comparable in semiconductors; therefore a direct generalization of the techniques developed in atomic physics for the study of hydrogen-hydrogen collisions¹⁰⁻¹² to the problem of interacting excitons is not possible and this forbids any treatment of the exciton-exciton interaction by use of an effective Born-Oppenheimer (adiabatic) potential. Moreover, even though the exciton-exciton interaction en-

ergy is much smaller than the typical exciton binding energy, it cannot be treated by standard perturbation theory because of the electron-electron and hole-hole exchange processes. Indeed, it is impossible to know which electron is bound to which hole to form a given exciton and hence define the exciton-exciton interaction. This explains why much of the earlier attempts were based on oversimplified models neglecting exchange interaction between excitons¹³ or the exchange of carriers between excitons.¹⁴ This is not to mention the spin degree of freedom, which has been routinely neglected in the most part of previous works.

Studies of excitonic nonlinearities are usually performed by using essentially different strategies. One relies on the bosonization of excitons,^{15,16} an approximation that was believed to hold at very low excitation density. In this approach, excitons are assumed to be the only constituents of the dilute system under consideration and they also are considered as bosonic elementary excitations experiencing an effective repulsion to avoid an overlap between the fermionic carriers wave functions. Under these assumptions, it was believed that by applying the Usui transformation¹⁷ the fundamental Hamiltonian could be mapped to an effective bosonic Hamiltonian. Despite unresolved issues at the heart of the bosonic approach (because of very restrictive assumptions), its application has been justified by various groups¹⁸⁻²² on the grounds of the numerical results they obtain, which describe some features of experimental data,²³⁻²⁷ and under the assumption that inclusion of a two-body exciton interaction term in the bosonic Hamiltonian is sufficient to account for fermion-exchange effects. More recently, an effective spin-dependent exciton-exciton interaction potential of the Heitler-London type including long-range van der Waals terms was generated and studied.²⁸

Another strategy is based on the full fermionic treatment of the problem which amounts to solve the second-quantized equations of motion.²⁹ Solutions of these equations rely on

truncation schemes, which are tractable at the lowest order (Hartree Fock), i.e., assuming the density of the electron-hole system to be high enough to neglect excitonic correlations owing to the screening of the Coulomb interaction. However, at lower densities, many-particle correlations have to be taken into account and the infinite hierarchy of equations satisfied by multipoint correlation functions should be truncated at higher orders, which in practice proves quickly intractable. This technical difficulty originates in the choice of the strength of the Coulomb interaction between carriers as the “natural” physical quantity to characterize and study the many-body problem in the interacting electron-hole system. In fact the Coulomb interaction cannot be treated as a perturbation when dealing with bound exciton states. Moreover, the random-phase approximation, extensively applied to this type of problems, amounts to factorize the multipoint correlation functions into two-point functions, neglecting in an uncontrollable way higher-order Coulomb correlations such as biexcitons.

The optical excitation can also be considered as a pertinent physical parameter for a microscopic theory accounting for all many-body correlations in the photoexcited electron-hole system. Progress in the treatment of the equations of motion thus was made when a *controlled* truncation scheme based on powers of the optical excitation strength was developed.^{30–32} For instance, in the contexts of four-wave mixing and pump-probe experiments in the low-excitation regime, the optical nonlinearities and related correlation effects are sufficiently well described at the third order of the applied laser field ($\chi^{(3)}$ response). This method, called the dynamics-controlled truncation (DCT) scheme, allows to derive a set of closed equations of motion describing the dynamics of the exciton-exciton interaction at the mean-field level *and* the four-body effects beyond mean field in a consistent way considering classical external laser fields.^{33,34} It also was successfully applied to the study of six-wave mixing experiments with evidence of contributions to the signals of $\chi^{(5)}$ and $\chi^{(7)}$ processes.³⁵ The method was further improved with the inclusion of quantized electromagnetic fields in the Hamiltonian and the description of polaritonic effects.^{36–38}

The DCT scheme also provided a convenient framework for the analysis of biexcitonic correlations in terms of T matrix.³⁹ More precisely, authors of Ref. 39 investigated the $\chi^{(3)}$ optical response of a semiconductor quantum well to relate the many-body effects to the exciton scattering amplitude. However, in many cases such as, e.g., nonresonant pumping of the system, it is more convenient to work on the basis of excitons or polaritons by introducing their effective scattering amplitudes. This approach proved extremely productive for the description of polarization-dependent kinetic phenomena in microcavities.^{1,3,40}

The problem of the scattering of two composite excitons and related exciton-exciton interaction has also been addressed quite recently in the series of works by M. Combescot and co-workers,^{41–45} who developed a new technique based on commutation rules for the composite-exciton operators. Emphasizing the impossibility to define an interaction potential between two excitons because of the indistinguishability of their constituent carriers, their formalism was ap-

plied to study the scattering rates of excitons and certain differences with previous results were found.⁴³ The same group has considered the polariton-polariton scattering in microcavities and proposed a new type of the optical nonlinearity.⁴⁶

The present work is focused on the detailed theoretical description of polariton-polariton interactions in quantum microcavities. In Sec. II, we revisit the technique of Ref. 45 and present a somewhat simpler and physically more transparent description of exciton-exciton scattering. We demonstrate how the bosonic stimulation of exciton-exciton (or polariton-polariton) scattering can be obtained in Sec. III. We calculate effective scattering-matrix elements for exciton polaritons in microcavities and show how the previous results¹⁹ can be recovered. Special attention is paid to the nonlinearity caused by the saturation of the exciton oscillator strength in Sec. IV.

Since an exciton-polariton possesses a spin degree of freedom, it is characterized by the projection of the total angular momentum of the electron-hole pair, $+1$ or -1 , on the growth axis. In Sec. V, we investigate in detail the effect of spin on the interaction of polaritons: it turns out that the scattering efficiency is strongly dependent on the mutual spin orientation of exciton polaritons. We also present a microscopic derivation of the effective matrix elements for the scattering of polaritons with opposite spins, which is crucial for the linear polarization inversion observed in microcavities.⁴⁰ In Sec. VI, we present analytical estimations of the effective scattering rates.

II. EXCITON-EXCITON SCATTERING

In this section, we derive the basic quantities needed to calculate the scattering rates of composite bosons. To be specific, we consider excitons in a direct band-gap semiconductor quantum well. The splitting of the light-hole and heavy-hole bands is assumed to be large enough to neglect the population of the light-hole states. We first consider quantum-well ground-state excitons composed of electrons and heavy holes, ignoring their spin degree of freedom. The scattering rates derived here thus correspond to the scattering in the parallel-spin configuration. The scattering of excitons and exciton polaritons with allowance for their spin is discussed in Sec. V.

A. Wave functions

Let $\varphi_i(\mathbf{r}_e, \mathbf{r}_h)$ be the wave function of a single exciton in the state i , where $\mathbf{r}_e, \mathbf{r}_h$ are the electron and hole two-dimensional position vectors. The state index i is a global index, which accounts for both the states of the relative motion of an electron and a hole in the exciton (such as $1s, 2s, \dots$) and the quantum numbers of the center-of-mass motion, with center-of-mass wave vector \mathbf{K} . We assume that the set of functions φ_i forms an orthonormal basis

$$\int \varphi_j^*(\mathbf{r}_e, \mathbf{r}_h) \varphi_i(\mathbf{r}_e, \mathbf{r}_h) d\mathbf{r}_e d\mathbf{r}_h = \delta_{ij}.$$

In the second quantization framework, the exciton creation operator B_i^\dagger can be defined as

$$B_i^\dagger = \sum_{\mathbf{k}_e, \mathbf{k}_h} \tilde{\varphi}_i(\mathbf{k}_e, \mathbf{k}_h) a_{\mathbf{k}_e}^\dagger b_{\mathbf{k}_h}^\dagger, \quad (1)$$

where $\tilde{\varphi}_i(\mathbf{k}_e, \mathbf{k}_h)$ is the Fourier transform of φ_i , and $a_{\mathbf{k}_e}^\dagger$ and $b_{\mathbf{k}_h}^\dagger$ are the creation operators of the electron and hole with wave vectors \mathbf{k}_e and \mathbf{k}_h , respectively. The sequential action of the operators B_i^\dagger on the vacuum state $|\text{vac}\rangle$ creates the corresponding numbers of excitons in the state i . For instance, the two-exciton wave function

$$\Psi_{ij}(\mathbf{r}_{e_1}, \mathbf{r}_{e_2}, \mathbf{r}_{h_1}, \mathbf{r}_{h_2}) = B_i^\dagger B_j^\dagger |\text{vac}\rangle \quad (2)$$

describes the pair of excitons in the states i and j . The wave functions obtained in this manner are properly antisymmetrized products of single-exciton envelopes and can be considered as a zero-order approximation to the exact two-exciton states described by the Hamiltonian

$$H_{\text{exc}} = \sum_{a_1} T_{a_1} + \sum_{a_1, b_{1'}} V_{a_1 b_{1'}}(\mathbf{r}_{a_1} - \mathbf{r}_{b_{1'}}), \quad (3)$$

where T_{a_l} ($a=e, h$, $l=1, 2$) are the kinetic-energy operators of electrons and holes, and $V_{a_l b_{l'}}$ ($a, b=e, h$, $l, l'=1, 2$) the electron-electron, electron-hole, and hole-hole Coulomb interactions energies. The notation Σ' in Eq. (3) means that the terms with $l=l'$ corresponding to the same particles ($a=b$) are excluded from the sum.

In systems of interacting excitons, the basis of two (and more) excitonic states is overcomplete and hence nonorthogonal. Assume that there are N electron states and N hole states in the system. The total number of excitonic states is $N_{\text{exc}} = N^2$ (as one can take an electron and a hole in any of possible states). Now, let us calculate the total number of four-particle states considering two electrons and two holes. For a pair of electrons (holes) one easily finds $M = N(N-1)/2$ states as two fermions cannot occupy the same state. Thus, the number of four-particle states is $M^2 \sim N^4/4$ for large N . However, the number of states with a pair of excitons defined by Eq. (2) is $N_{\text{exc}}^2/2 \sim N^4/2$ since pairs (i, j) and (j, i) are equivalent. In a general case, all these pair states (i, j) have nonzero wave functions. Therefore, the number of two-exciton states is approximately twice as larger as the number of four-particle states. Thus, a twofold action of the operator B^\dagger on the vacuum state generates a set of mutually dependent wave functions and this yields two important consequences: (i) in order to calculate any transition rate one should *orthogonalize* the wave functions and (ii) the total lifetime of an exciton due to the exciton-exciton interaction will *not* be equal to the sum of the transition rates of all possible two-exciton states.

B. Effective matrix element of exciton-exciton scattering

It is well established that excitonic nonlinearities in semiconductors are mainly caused by the exchange scattering of electron-hole complexes while the direct Coulomb interaction plays minor role. The exchange interaction has a short-range character (i.e., it becomes significant as the distance between the excitons' centers of mass becomes comparable to the excitonic Bohr radius, a_B). It means that, e.g., for a

two-dimensional system the exchange-induced corrections for a pair of excitons are governed by a small dimensionless parameter $\nu = a_B^2/S \ll 1$, where S is the surface area of the sample. If the exciton gas is described by its surface density n , the parameter $\nu = na_B^2$.

The overcompleteness of pair of excitons basis formed with the wave functions $\Psi(\mathbf{r}_{e_1}, \mathbf{r}_{e_2}, \mathbf{r}_{h_1}, \mathbf{r}_{h_2})$, defined in Eq. (2), as basis vectors, calls for a special procedure to calculate exciton-exciton scattering rates. Let $|i\rangle$ and $|f\rangle$ be the initial and final two-exciton states, described by Eq. (2). In general, these states are not orthogonal and we denote their scalar product as

$$\mathcal{C} = \langle i|f\rangle. \quad (4)$$

Physically, it is obvious that the transitions should be considered only between the orthogonal states; otherwise part of the final state is admixed to the initial state. As we shall see below the constant \mathcal{C} is proportional to the parameter ν and hence small. Therefore one may seek to consider orthogonalized pairs of states as slightly modified initial and final states, namely,

$$|i'\rangle = |i\rangle - \alpha|f\rangle, \quad |f'\rangle = |f\rangle - \beta|i\rangle, \quad (5)$$

where α and β are some small complex coefficients ($\alpha, \beta \propto \nu$). The scalar product of the states $|i'\rangle$ and $|j'\rangle$ reads

$$\langle i'|f'\rangle = \mathcal{C} - \alpha^* \langle f|f\rangle - \beta \langle i|i\rangle. \quad (6)$$

The quadratic terms in α and β are neglected and the newly defined states are thus orthogonal provided that $\alpha^* \langle f|f\rangle + \beta \langle i|i\rangle = \mathcal{C}$ (the asterisk symbol denotes the complex conjugation).

The matrix element of the total Hamiltonian between the orthogonalized states is

$$\langle f'|H_{\text{exc}}|i'\rangle = \langle f|H_{\text{exc}}|i\rangle - \alpha \langle f|H_{\text{exc}}|f\rangle - \beta^* \langle i|H_{\text{exc}}|i\rangle. \quad (7)$$

Note that in the resonant situation where the energies of the initial and final states are equal, the matrix elements $\langle f|H_{\text{exc}}|f\rangle/\langle f|f\rangle$ and $\langle i|H_{\text{exc}}|i\rangle/\langle i|i\rangle$ are equal. From Eq. (7) we obtain the transition matrix element $\mathcal{M}_{i \rightarrow f}$ as

$$\mathcal{M}_{i \rightarrow f} = \langle f'|H_{\text{exc}}|i'\rangle = \langle f|H_{\text{exc}}|i\rangle - \mathcal{C}^* \frac{\langle i|H_{\text{exc}}|i\rangle}{\langle i|i\rangle}, \quad (8)$$

which is independent of the orthogonalization procedure, provided that the parameter ν is small enough. Note, that in a general case the second term in Eq. (8) is not small as compared with the first one. Moreover, if one can formally separate the interaction part of the Hamiltonian, Eq. (8) immediately gives the correct value for the transition matrix element as the matrix element of the interaction part.

In order to establish the link between Eq. (8) and the results of Ref. 45 we calculate the transition matrix element in a simple case: two excitons initially occupy the same quantum state $|i\rangle = |00\rangle$ while the final states for a pair of particles are defined by $|f\rangle = |12\rangle = |21\rangle$. It is assumed that the conservation of energy between this states is fulfilled. To proceed with the calculations the knowledge of three quantities is needed: the scalar product of the initial and final states, the matrix element of the full Hamiltonian between

the initial and final states, and the mean value of the energy in the initial (or final) state.

The scalar product of the states $|i\rangle$ and $|f\rangle$ given by

$$C = \langle f|i\rangle = \langle 12|00\rangle = \langle \text{vac}|B_1B_2B_0^\dagger B_0^\dagger|\text{vac}\rangle = -2\lambda \begin{pmatrix} 2 & 0 \\ 1 & 0 \end{pmatrix} \quad (9)$$

can be derived using the commutation relations⁴⁵ or by expansion of Slater determinants. The quantity λ appearing in the equation above is the dimensionless Pauli parameter^{44,45} that describes an overlap between the initial and final state. More precisely, it is given by

$$\lambda \begin{pmatrix} n & j \\ m & i \end{pmatrix} = \int d\mathbf{r}_{e_1} d\mathbf{r}_{e_2} d\mathbf{r}_{h_1} d\mathbf{r}_{h_2} \varphi_m^*(\mathbf{r}_{e_1}, \mathbf{r}_{h_2}) \varphi_n^*(\mathbf{r}_{e_2}, \mathbf{r}_{h_1}) \varphi_i(\mathbf{r}_{e_1}, \mathbf{r}_{h_1}) \varphi_j(\mathbf{r}_{e_2}, \mathbf{r}_{h_2}). \quad (10)$$

Equation (9) agrees with Eq. (7.4) of Ref. 45. It is worth noting that the integral in Eq. (9) describes the probability

for two excitons to be at the same place and its magnitude is thus on the order of ν .

The matrix element of the Hamiltonian between the states $|i\rangle$ and $|f\rangle$ reads

$$\langle f|H_{\text{exc}}|i\rangle = \langle \text{vac}|B_1B_2H_{\text{exc}}B_0^\dagger B_0^\dagger|\text{vac}\rangle = -4E_0\lambda \begin{pmatrix} 1 & 0 \\ 2 & 0 \end{pmatrix} + 2\xi \begin{pmatrix} 1 & 0 \\ 2 & 0 \end{pmatrix} - 2\xi^{in} \begin{pmatrix} 1 & 0 \\ 2 & 0 \end{pmatrix}, \quad (11)$$

where E_0 is the energy of an exciton in the state 0. Here the quantities ξ and ξ^{in} , which respectively describe the Coulomb direct scattering, and the Coulomb exchange scattering between the *in* excitons, i.e., excitons in the states i and j in the terminology of Refs. 44 and 45, are defined as follows:

$$\xi \begin{pmatrix} n & j \\ m & i \end{pmatrix} = \int d\mathbf{r}_{e_1} d\mathbf{r}_{e_2} d\mathbf{r}_{h_1} d\mathbf{r}_{h_2} \varphi_m^*(\mathbf{r}_{e_1}, \mathbf{r}_{h_1}) \varphi_n^*(\mathbf{r}_{e_2}, \mathbf{r}_{h_2}) \varphi_i(\mathbf{r}_{e_1}, \mathbf{r}_{h_1}) \varphi_j(\mathbf{r}_{e_2}, \mathbf{r}_{h_2}) [V_{ee}(\mathbf{r}_{e_1} - \mathbf{r}_{e_2}) + V_{hh}(\mathbf{r}_{h_1} - \mathbf{r}_{h_2}) + V_{eh}(\mathbf{r}_{e_1} - \mathbf{r}_{h_2}) + V_{eh}(\mathbf{r}_{e_2} - \mathbf{r}_{h_1})] \quad (12)$$

and

$$\xi^{in} \begin{pmatrix} n & j \\ m & i \end{pmatrix} = \int d\mathbf{r}_{e_1} d\mathbf{r}_{e_2} d\mathbf{r}_{h_1} d\mathbf{r}_{h_2} \varphi_m^*(\mathbf{r}_{e_1}, \mathbf{r}_{h_2}) \varphi_n^*(\mathbf{r}_{e_2}, \mathbf{r}_{h_1}) \varphi_i(\mathbf{r}_{e_1}, \mathbf{r}_{h_1}) \varphi_j(\mathbf{r}_{e_2}, \mathbf{r}_{h_2}) [V_{ee}(\mathbf{r}_{e_1} - \mathbf{r}_{e_2}) + V_{hh}(\mathbf{r}_{h_1} - \mathbf{r}_{h_2}) + V_{eh}(\mathbf{r}_{e_1} - \mathbf{r}_{h_2}) + V_{eh}(\mathbf{r}_{e_2} - \mathbf{r}_{h_1})]. \quad (13)$$

Finally, we need to calculate the mean value of the Hamiltonian in the state $|i\rangle$. We find

$$\langle i|H_{\text{exc}}|i\rangle \approx 4E_0. \quad (14)$$

Combining Eqs. (9), (11), and (14) we obtain

$$\mathcal{M}_{i \rightarrow f} = 2\xi \begin{pmatrix} 2 & 0 \\ 1 & 0 \end{pmatrix} - 2\xi^{in} \begin{pmatrix} 2 & 0 \\ 1 & 0 \end{pmatrix}. \quad (15)$$

C. Transition rate

Now we calculate the transition rate between the initial and final states. To this end, we use the Fermi golden rule and take into account that the states $|i\rangle$ and $|f\rangle$ are not normalized. The transition rate reads

$$\frac{1}{\tau_{i \rightarrow f}} = \frac{2\pi}{\hbar} \frac{|\mathcal{M}_{i \rightarrow f}|^2}{\langle i|i\rangle \langle f|f\rangle} \delta(2E_0 - E_1 - E_2). \quad (16)$$

Since the matrix element $\mathcal{M}_{i \rightarrow f}$ is proportional to the small quantity ν , one can neglect the composite nature of excitons in the calculation of the normalization constants:

$\langle f|f\rangle = \langle 12|12\rangle \approx 1$ and $\langle i|i\rangle = \langle 00|00\rangle \approx 2$ [also used to derive Eq. (15)]. For the same reason one can use free-exciton energies in the energy-conservation law. As a result we obtain

$$\frac{1}{\tau_{i \rightarrow f}} = \frac{4\pi}{\hbar} \left| \xi \begin{pmatrix} 2 & 0 \\ 1 & 0 \end{pmatrix} - \xi^{in} \begin{pmatrix} 2 & 0 \\ 1 & 0 \end{pmatrix} \right|^2 \delta(2E_0 - E_1 - E_2), \quad (17)$$

which is equivalent to Eq. (11.18) of Ref. 45 and Eq. (13) of Ref. 43, and we have thus proven that our simplified approach based on the orthogonalization of the initial and final states yields the same result for the exciton-exciton scattering rate as the more elaborate approach of Combescot and co-workers.⁴⁵

III. BOSONIC STIMULATION INDUCED BY EXCITON-EXCITON SCATTERING

In the framework of the fermionic approach revisited here an important question arises as whether it is possible to reproduce correctly the bosonic effects, mainly the bosonic stimulation of the exciton-exciton scattering. Here we show

how to deduce the bosonic stimulation from the study of the exciton-exciton scattering matrix element. Following the approach developed in Ref. 45, we consider the simplest case of a single exciton in the final state, thus the expected enhancement factor of the inverse transition rate $\tau_{i \rightarrow f}^{-1}$ is equal to 2. The problem is complex because one needs to consider not two but *three*-particle states.

The initial and final states are given by

$$|i\rangle = |100\rangle = B_1^\dagger(B_0^\dagger)^2|\text{vac}\rangle, \quad |f\rangle = |211\rangle = B_2^\dagger(B_1^\dagger)^2|\text{vac}\rangle. \quad (18)$$

It is worth noting that, as in Sec. II, these states are neither orthogonal nor normalized. As for the normalization constants we need only the main contribution

$$\langle i|i\rangle \approx \langle f|f\rangle \approx 2. \quad (19)$$

The calculation of the scalar products of the states $|i\rangle$ and $|f\rangle$ is more complex. As shown in Appendix B, we obtain the scalar product $\langle f|i\rangle$ to the lowest (nonvanishing) order in ν as

$$\langle f|i\rangle = \langle \text{vac}|B_1^2 B_2 (B_0^\dagger)^2 B_1^\dagger|\text{vac}\rangle \approx -4\lambda \begin{pmatrix} 1 & 0 \\ 2 & 0 \end{pmatrix}. \quad (20)$$

The matrix element of the total Hamiltonian between the initial and final states reads

$$\langle f|H_{\text{exc}}|i\rangle = \langle \text{vac}|B_1^2 B_2 H_{\text{exc}} (B_0^\dagger)^2 B_1^\dagger|\text{vac}\rangle. \quad (21)$$

Rather tedious algebra (see Appendix C) yields the leading-order contributions to Eq. (21)

$$\langle f|H_{\text{exc}}|i\rangle \approx d + (E_1 + 2E_0)\langle f|i\rangle, \quad (22)$$

where

$$d = 4\xi \begin{pmatrix} 2 & 0 \\ 1 & 0 \end{pmatrix} - 4\xi^{\text{in}} \begin{pmatrix} 2 & 0 \\ 1 & 0 \end{pmatrix} \quad (23)$$

is proportional to ν .

In agreement with Eq. (8) the transition matrix element reads

$$\mathcal{M}_{i \rightarrow f} = \langle f|H_{\text{exc}}|i\rangle - \langle f|i\rangle \frac{\langle i|H_{\text{exc}}|i\rangle}{\langle i|i\rangle} \approx d \quad (24)$$

and the exciton transition rate can be recast as

$$\frac{1}{\tau_{i \rightarrow f}} = 2 \frac{4\pi}{\hbar} \left| \xi \begin{pmatrix} 2 & 0 \\ 1 & 0 \end{pmatrix} - \xi^{\text{in}} \begin{pmatrix} 2 & 0 \\ 1 & 0 \end{pmatrix} \right|^2 \delta(2E_0 - E_1 - E_2), \quad (25)$$

which is exactly twice larger than the transition rate with unoccupied final state, Eq. (17).

Equation (25) clearly demonstrates that the fermionic approach yields, to the leading order in ν , the bosonic enhancement of the scattering rate. It is worth noting that the corrections at the next order in ν reduce the transition rate as compared with Eq. (25). In the case of N excitons in the final state, the procedure described above leads to the $N+1$ fold increase in the transition rate provided $N\nu \ll 1$.

The transitions between fixed set of initial and final states thus can be described in the “weakly interacting” bosons

approximation. We note, however, that such a procedure cannot be applied to the case where the transitions cover all range of possible final states. Indeed, in order to calculate the exciton lifetime with respect to the transitions to all final states one needs to orthogonalize not only the initial and final states but also all the final states between themselves. Since the basis of the pair of exciton states is overcomplete, it yields an extra factor of 2 in the transition rate, as shown in Ref. 43.

IV. POLARITON-POLARITON SCATTERING

Methods developed in Secs. II and III are applied here to the case of exciton polaritons in semiconductor planar microcavities. Below we briefly review the basics of light-matter coupling in planar microcavities and afterward calculate polariton-polariton effective scattering matrix elements due to (i) exciton-exciton scattering and (ii) the nonlinearity resulting from the saturation of the light-matter interaction strength.

A. Polariton states in quantum microcavities

Consider the interaction between electron-hole pairs with the light field. In the dipole approximation the formation of an exciton after the absorption of a photon is described by the dipole transition operator which can be conveniently expressed in terms of electron- and hole-creation operators as

$$P_{\boldsymbol{\kappa}}^\dagger = \sum_{k_e, k_h} a_{k_e}^\dagger b_{k_h}^\dagger \delta_{k_e + k_h, \boldsymbol{\kappa}}, \quad (26)$$

where $\boldsymbol{\kappa}$ denotes the photon wave vector. The requirement of momentum conservation in the process of photon absorption is satisfied by the presence of the Kronecker δ . Note that although the absolute value of the wavevector $\boldsymbol{\kappa}$ involved in an optical transition is much smaller than those of the electron and hole wave vectors $k_e, k_h (\sim a_B^{-1})$, $\boldsymbol{\kappa}$ cannot be neglected here in order to ensure the coupling of the photon and exciton with the same in-plane wave vectors. The light-matter interaction can thus be described by the following Hamiltonian:

$$H_{\text{exc-ph}} = \sum_{\boldsymbol{\kappa}} (W P_{\boldsymbol{\kappa}}^\dagger A_{\boldsymbol{\kappa}} + W^* P_{\boldsymbol{\kappa}} A_{\boldsymbol{\kappa}}^\dagger), \quad (27)$$

where $A_{\boldsymbol{\kappa}}^\dagger$ is the photon-creation operator and W is a constant defined below. Note that the operators $A_{\boldsymbol{\kappa}}^\dagger$ and $A_{\boldsymbol{\kappa}}$ are *true* bosonic operators.

In Ref. 46, $H_{\text{exc-ph}}$ is defined with a light-matter coupling *linear* in the exciton operators

$$H_{\text{exc-ph}}^{\text{lin}} = \sum_{\boldsymbol{\kappa}} (\Omega_R B_{\boldsymbol{\kappa}}^\dagger A_{\boldsymbol{\kappa}} + \Omega_R^* B_{\boldsymbol{\kappa}} A_{\boldsymbol{\kappa}}^\dagger), \quad (28)$$

where Ω_R denotes the Rabi splitting, characterizing the linear coupling between a photonic mode and an excitonic state. Hereafter we consider only $1s$ excitons and enumerate these states in accordance with their in-plane momentum. One can check that both Hamiltonians, in Eqs. (27) and (28), have the same single-particle eigenstates if the two constants W and Ω_R satisfy

$$\Omega_R = W \int \varphi_{\boldsymbol{x}}^*(\boldsymbol{r}, \boldsymbol{r}) e^{-i\boldsymbol{x}\cdot\boldsymbol{r}} d\boldsymbol{r}.$$

The cavity polaritons are formed as coherent superpositions of the exciton states in a quantum well and photon states in a planar microcavity. In what follows we consider only polaritons arising due to strong coupling of the single-cavity mode characterized by an in-plane wave vector \boldsymbol{x} with the 1s heavy-hole exciton ground state with an in-plane wave vector \boldsymbol{K} . The translational invariance in the plane of the structure imply the equality of the wave vectors of exciton and photon constituting a polariton, $\boldsymbol{K} = \boldsymbol{x}$. Moreover, we consider the states on the lower polariton branch only, therefore exciton polaritons can be enumerated by a wave vector \boldsymbol{x} and their creation operator can be written as

$$C_{\boldsymbol{x}}^\dagger = \alpha_{\boldsymbol{x}} A_{\boldsymbol{x}}^\dagger + \beta_{\boldsymbol{x}} B_{\boldsymbol{x}}^\dagger, \quad (29)$$

where unimportant extra quantum numbers are omitted for ease of notations. The prefactors $\alpha_{\boldsymbol{x}}$ and $\beta_{\boldsymbol{x}}$ are Hopfield coefficients.

The lower branch polariton dispersion reads

$$E_{\boldsymbol{x}}^P = \frac{1}{2} \left(\delta + \frac{\hbar^2 \boldsymbol{x}^2}{2M_X} + \frac{\hbar^2 \boldsymbol{x}^2}{2m_{\text{ph}}} \right) - \frac{1}{2} \sqrt{\left(\delta + \frac{\hbar^2 \boldsymbol{x}^2}{2M_X} - \frac{\hbar^2 \boldsymbol{x}^2}{2m_{\text{ph}}} \right)^2 + \Omega_R^2}, \quad (30)$$

where δ is the detuning between the photon and the exciton modes, M_X is the exciton total mass, and m_{ph} is the photon effective mass, which depends on the width of the cavity and the refractive index. Here we have neglected the renormalization of the expression under the square root due to the broadening of the exciton and photon modes. Note that the Hopfield coefficients can be directly linked to the photon and exciton energies through

$$\frac{2\alpha_{\boldsymbol{x}}\beta_{\boldsymbol{x}}}{\alpha_{\boldsymbol{x}}^2 - \beta_{\boldsymbol{x}}^2} = \Omega_R \left(\frac{\hbar^2 \boldsymbol{x}^2}{2m_{\text{ph}}} - \delta - \frac{\hbar^2 \boldsymbol{x}^2}{2M_X} \right)^{-1}. \quad (31)$$

B. Effective matrix elements and polariton-polariton scattering rates

Here we consider two main contributions to the polariton-polariton scattering cross section. One of them results from the exciton-exciton scattering, see Sec. II; the other one has its origins in the nonlinearity of the light-matter Hamiltonian, Eq. (27). Below we calculate these two contributions, and we start by defining the two-polariton states as $|\boldsymbol{x}, \boldsymbol{x}'\rangle = C_{\boldsymbol{x}}^\dagger C_{\boldsymbol{x}'}^\dagger |\text{vac}\rangle$, which we write explicitly as

$$|\boldsymbol{x}, \boldsymbol{x}'\rangle = (\alpha_{\boldsymbol{x}}\alpha_{\boldsymbol{x}'} A_{\boldsymbol{x}}^\dagger A_{\boldsymbol{x}'}^\dagger + \beta_{\boldsymbol{x}}\beta_{\boldsymbol{x}'} B_{\boldsymbol{x}}^\dagger B_{\boldsymbol{x}'}^\dagger + \alpha_{\boldsymbol{x}}\beta_{\boldsymbol{x}'} A_{\boldsymbol{x}}^\dagger B_{\boldsymbol{x}'}^\dagger + \alpha_{\boldsymbol{x}'}\beta_{\boldsymbol{x}} A_{\boldsymbol{x}'}^\dagger B_{\boldsymbol{x}}^\dagger) |\text{vac}\rangle. \quad (32)$$

For simplicity of analysis, we consider the scattering of two polaritons initially in the same state $|i\rangle \equiv |\boldsymbol{x}_0 \boldsymbol{x}_0\rangle$ to the final states $|f\rangle \equiv |\boldsymbol{x}_1 \boldsymbol{x}_2\rangle$. Such a situation corresponds to the optical parametric oscillators based on microcavities, which are widely studied both experimentally and theoretically, see, e.g., Refs. 2 and 47–49. In what follows we omit \boldsymbol{x} in all

places where it does not lead to confusion. The overlap of these states is

$$\langle f|i\rangle = \beta_1^* \beta_2^* \beta_0^2 \langle \text{vac} | B_1 B_2 (B_0^\dagger)^2 | \text{vac} \rangle = -2\beta_1^* \beta_2^* \beta_0^2 \lambda \begin{pmatrix} 1 & 0 \\ 2 & 0 \end{pmatrix}. \quad (33)$$

It is worth noting that the nonorthogonality of the polariton states is determined by the nonorthogonality of the exciton states because photons are true bosons. The total Hamiltonian of the system H_{tot} is the sum of three contributions: the excitonic Hamiltonian, H_{exc} , given in Eq. (3), the light-matter coupling Hamiltonian, $H_{\text{exc-ph}}$, given in Eq. (27) and the photonic Hamiltonian

$$H_{\text{tot}} = \sum_{a_l} T_{a_l} + \sum_{a_l b_{l'}} V_{a_l b_{l'}} (\boldsymbol{r}_{a_l} - \boldsymbol{r}_{b_{l'}}) + \sum_{\boldsymbol{x}} (W P_{\boldsymbol{x}}^\dagger A_{\boldsymbol{x}} + W^* P_{\boldsymbol{x}} A_{\boldsymbol{x}}^\dagger) + \sum_{\boldsymbol{x}} E_{\boldsymbol{x}}^{\text{ph}} A_{\boldsymbol{x}}^\dagger A_{\boldsymbol{x}}. \quad (34)$$

The matrix element of the total Hamiltonian H between the states $|i\rangle$ and $|j\rangle$ can be recast as a sum of two terms: one is related to the exciton-exciton interaction and is given, in accord with Eq. (11), by

$$\beta_1^* \beta_2^* \beta_0^2 \left[2\xi \begin{pmatrix} 2 & 0 \\ 1 & 0 \end{pmatrix} - 2\xi^{\text{in}} \begin{pmatrix} 2 & 0 \\ 1 & 0 \end{pmatrix} - 4E_{\boldsymbol{x}}^{\text{ph}} \lambda \begin{pmatrix} 2 & 0 \\ 1 & 0 \end{pmatrix} \right].$$

The other contribution arises from the light-matter interaction part of the Hamiltonian and is related to the nonlinearity in the optical absorption caused by the saturation of exciton oscillator strength. It is also called “*photon-mediated exchange*.”⁴⁶ The calculation of the matrix element $\langle f | H_{\text{exc-ph}} | i \rangle$ yields the following result:

$$\langle f | H_{\text{exc-ph}} | i \rangle = \alpha_1^* \beta_2^* \beta_0^2 \langle \text{vac} | A_1 B_2 H_{\text{exc-ph}} (B_0^\dagger)^2 | \text{vac} \rangle + \quad (35a)$$

$$\alpha_2^* \beta_1^* \beta_0^2 \langle \text{vac} | A_2 B_1 H_{\text{exc-ph}} (B_0^\dagger)^2 | \text{vac} \rangle + \quad (35b)$$

$$2\beta_1^* \beta_2^* \alpha_0 \beta_0 \langle \text{vac} | B_1 B_2 H_{\text{exc-ph}} A_0^\dagger B_0^\dagger | \text{vac} \rangle. \quad (35c)$$

The physical sense of these processes can be illustrated, for instance, in the case of term Eq. (35a). The initial state of two polaritons $|00\rangle$ contains (with some weight) the product $B_0^\dagger B_0^\dagger |\text{vac}\rangle$ but the pairs $B_0^\dagger B_0^\dagger |\text{vac}\rangle$ and $B_1^\dagger B_2^\dagger |\text{vac}\rangle$ are not orthogonal and hence one of these excitons can recombine and emit a photon $A_1^\dagger |\text{vac}\rangle$. After the emission, there is a probability for the remaining exciton to end up in the state 2. This state is nothing but a part of the polariton in $C_1^\dagger C_2^\dagger |\text{vac}\rangle$. Such a process is allowed by the momentum and energy-conservation law, provided that $2E_0^P = E_1^P + E_2^P$ and $2\boldsymbol{x}_0 = \boldsymbol{x}_1 + \boldsymbol{x}_2$. Using the identities given in Appendix D, these matrix elements can be evaluated explicitly

$$\begin{aligned} \langle f | H_{\text{exc-ph}} | i \rangle = & -2\alpha_1^* \beta_2^* \beta_0^2 \rho_{-\boldsymbol{x}_1}(0, 0; 2) W \\ & -2\alpha_2^* \beta_1^* \beta_0^2 \rho_{-\boldsymbol{x}_2}(0, 0; 1) W \\ & -2\beta_1^* \beta_2^* \beta_0 \alpha_0 [\rho_{\boldsymbol{x}_0}(1, 2; 0) + \rho_{\boldsymbol{x}_0}(2, 1; 0)] W^*. \end{aligned} \quad (36)$$

where

$$\rho_{\kappa}(i, j; k) = \int d\mathbf{r} d\mathbf{r}_e d\mathbf{r}_h \varphi_i^*(\mathbf{r}_e, \mathbf{r}) \varphi_j^*(\mathbf{r}, \mathbf{r}_h) \varphi_k(\mathbf{r}_e, \mathbf{r}_h) e^{i\kappa \mathbf{r}}. \quad (37)$$

In the same fashion as above for the exciton-exciton scattering, we take into account the nonorthogonality of the two-polariton states Eq. (8) and use the modified Fermi golden rule Eq. (16), to obtain the polariton transition rate as

$$\begin{aligned} \frac{1}{\tau_{i \rightarrow f}} = & \frac{4\pi}{\hbar} \left| \beta_1^* \beta_2^* \beta_0^2 \left\{ \xi \begin{pmatrix} 2 & 0 \\ 1 & 0 \end{pmatrix} - \xi^{in} \begin{pmatrix} 2 & 0 \\ 1 & 0 \end{pmatrix} \right\} \right|^2 \\ & - \alpha_1^* \beta_2^* \beta_0^2 \rho_{-\kappa_1}(0, 0; 2) W - \alpha_2^* \beta_1^* \beta_0^2 \rho_{-\kappa_2}(0, 0; 1) W \\ & - 2\beta_1^* \beta_2^* \beta_0 \alpha_0 [\rho_{-\kappa_0}(1, 2; 0) + \rho_{-\kappa_0}(2, 1; 0)] W^* \\ & - \beta_1^* \beta_2^* \beta_0^2 \lambda \begin{pmatrix} 2 & 0 \\ 1 & 0 \end{pmatrix} [(E_0^X - E_0^{\text{ph}}) |\alpha_0|^2 - \alpha_0 \beta_0^* \Omega_R \\ & - \alpha_0^* \beta_0 \Omega_R^*] \Big|^2 \delta(2E_0^P - E_1^P - E_2^P). \quad (38) \end{aligned}$$

Equation (38) is the central result of this section. As compared with Ref. 46 we use a different form of the light-matter coupling Hamiltonian, Eq. (27), which takes into account the fact that in the process of photon absorption the electron-hole pair is created in the same point in real space. The analogous procedure with an effective Hamiltonian, Eq. (28), would yield the same result as published in Ref. 46. The main difference between our results and those of Ref. 46 is in the appearance of the ρ overlap integrals in our case, see Eq. (37). These overlap integrals contain products of three excitonic wave functions and one photonic wave function. This implicitly accounts for the fact that, e.g., in the process of photon absorption along with the creation of an additional exciton, the “resident” exciton in microcavity may change its quantum state. The nonlinearity due to the light-matter interaction has been discussed also in Refs. 19, 50, and 51, where overlap integrals of the form Eq. (37) also appear. However, the effects of the nonorthogonality of the exciton wave functions on the effective matrix elements of polariton-polariton interaction were disregarded in these works.

To conclude this section, it is worth noting that the contributions to the effective matrix element of polariton-polariton scattering due to light-matter interaction both in Ref. 46 and in Eqs. (36) and (38) can be estimated as $\sim \nu \Omega_R$ [see Eq. (A6)]. Thus, qualitatively, the difference in the approaches of Refs. 19, 46, 50, and 51, and ours merely yields different numerical prefactors before the scattering amplitudes, while their dependence on the system parameters remains essentially the same.

V. SCATTERING OF POLARITONS WITH OPPOSITE SPIN ORIENTATIONS

So far, the effect of spin on the polariton-polariton scattering was not discussed and our consideration was restricted to a fully spin-polarized case: all polaritons were assumed to have the same projection of the momentum onto the growth axis. Below we extend our treatment to allow for the spin degree of freedom of polaritons.

The spin projection of an electron on the microcavity growth axis is $\pm 1/2$ and the spin projection of a heavy hole is $\pm 3/2$. It is worth noting that the circularly polarized σ^+ excitation creates an electron-hole pair (or exciton) in the spin state $(e, hh) = (-1/2, 3/2)$ which has a z component of the total angular momentum $m_z = +1$. The σ^- polarized excitation creates an exciton in the spin state $(1/2, -3/2)$ with z component of the angular momentum being $m_z = -1$. The two remaining exciton states with $m_z = \pm 2$, namely, $(1/2, 3/2)$ and $(-1/2, -3/2)$ are qualified as dark: they do not take part in the light-matter coupling but may serve as intermediate states for the scattering process.

A. General remarks

Here, we are interested in the situation where two excitons are created by two pump pulses with opposite circular polarizations, σ^+ and σ^- . In such a case, a pair of excitons whose total z component of the angular momentum is equal to 0, is created. Let us introduce the exciton-creation operator in the state with $m_z = +1$, $B_{i,+1}^\dagger$, as

$$B_{i,+1}^\dagger = \sum_{\mathbf{k}_e, \mathbf{k}_h} \tilde{\varphi}_i(\mathbf{k}_e, \mathbf{k}_h) a_{\mathbf{k}_e, -1/2}^\dagger b_{\mathbf{k}_h, 3/2}^\dagger, \quad (39)$$

where $\tilde{\varphi}_i(\mathbf{k}_e, \mathbf{k}_h)$ is the Fourier transform of the exciton envelope function, $\varphi(\mathbf{r}_e, \mathbf{r}_h)$, $a_{\mathbf{k}_e, \pm 1/2}^\dagger$ and $b_{\mathbf{k}_h, \pm 3/2}^\dagger$ are the electron- and hole-creation operators. Here it is assumed that the subscript i denotes the orbital states of an exciton, say, $i = (1s, \mathbf{K})$, and the second subscript denotes the z component of the spin. Analogously, the exciton-creation operator in the state with $m_z = -1$, $B_{i,-1}^\dagger$, reads

$$B_{i,-1}^\dagger = \sum_{\mathbf{k}_e, \mathbf{k}_h} \tilde{\varphi}_i(\mathbf{k}_e, \mathbf{k}_h) a_{\mathbf{k}_e, +1/2}^\dagger b_{\mathbf{k}_h, -3/2}^\dagger. \quad (40)$$

We need also two more exciton states which are dark, namely, those with $m_z = \pm 2$. Their creation operators read

$$B_{i,+2}^\dagger = \sum_{\mathbf{k}_e, \mathbf{k}_h} \tilde{\varphi}_i(\mathbf{k}_e, \mathbf{k}_h) a_{\mathbf{k}_e, 1/2}^\dagger b_{\mathbf{k}_h, 3/2}^\dagger, \quad (41a)$$

$$B_{i,-2}^\dagger = \sum_{\mathbf{k}_e, \mathbf{k}_h} \tilde{\varphi}_i(\mathbf{k}_e, \mathbf{k}_h) a_{\mathbf{k}_e, -1/2}^\dagger b_{\mathbf{k}_h, -3/2}^\dagger. \quad (41b)$$

Let us now proceed with the pair of excitons states. Under the conditions described above the pairs of excitons are formed with opposite spin orientations

$$|i, +1; j, -1\rangle = B_{i,+1}^\dagger B_{j,-1}^\dagger |\text{vac}\rangle, \quad (42a)$$

$$|i, -1; j, +1\rangle = B_{i,-1}^\dagger B_{j,+1}^\dagger |\text{vac}\rangle, \quad (42b)$$

$$|i, +2; j, -2\rangle = B_{i,+2}^\dagger B_{j,-2}^\dagger |\text{vac}\rangle, \quad (42c)$$

$$|i, -2; j, +2\rangle = B_{i,-2}^\dagger B_{j,+2}^\dagger |\text{vac}\rangle. \quad (42d)$$

The following orthogonality relations greatly simplify our consideration

$$\langle i', m_z; j', -m_z | i, m_z; j, -m_z \rangle = \delta_{i'i'} \delta_{j'j}, \quad (43a)$$

$$\langle i', m_z; j', -m_z | i, -m_z; j, m_z \rangle = \delta_{i'i'} \delta_{j'j}. \quad (43b)$$

It means that within each set with a given $|m_z|=1$ or 2 , the states are orthogonal. However, there is no orthogonality between the states with $|m_z|=1$ and $|m_z|=2$

$$\langle i', +2; j', -2 | i, +1; j, -1 \rangle = \sum_{\{\mathbf{k}\}} \tilde{\varphi}_{i'}^*(\mathbf{k}_{e_2}, \mathbf{k}_{h_1}) \tilde{\varphi}_{j'}^*(\mathbf{k}_{e_1}, \mathbf{k}_{h_2}) \tilde{\varphi}_i(\mathbf{k}_{e_1}, \mathbf{k}_{h_1}) \tilde{\varphi}_j(\mathbf{k}_{e_2}, \mathbf{k}_{h_2}) = \lambda \begin{pmatrix} i' & j \\ j' & i \end{pmatrix}, \quad (44)$$

where, for ease of notations, $\{\mathbf{k}\} \equiv \mathbf{k}_{e_1}, \mathbf{k}_{e_2}, \mathbf{k}_{h_1}, \mathbf{k}_{h_2}$. All other needed overlaps follow directly from Eq. (44).

B. Scattering via dark states

We consider two channels for the scattering of excitons with opposite spins. The first scattering process appears in the Born approximation and is described by the matrix element

$$\mathcal{M}_{i \rightarrow f}^{(1)} = \langle \text{vac} | B_{1',+1} B_{2',-1} H B_{1,+1}^\dagger B_{2,-1}^\dagger | \text{vac} \rangle. \quad (45)$$

We remind that the initial and final states $|i\rangle = B_{1,+1}^\dagger B_{2,-1}^\dagger | \text{vac} \rangle$ and $|f\rangle = B_{1',+1}^\dagger B_{2',-1}^\dagger | \text{vac} \rangle$ are orthogonal and hence an additional contribution due to nonorthogonality is absent in Eq. (45). This matrix element can be calculated immediately, see Ref. 45, Eqs. (8.25), (8.27), and (8.30)

$$\mathcal{M}_{i \rightarrow f}^{(1)} = \xi \begin{pmatrix} 2' & 2 \\ 1' & 1 \end{pmatrix}. \quad (46)$$

Equation (46) is nothing but a *direct* Coulomb interaction between the excitons. In the case of cavity polaritons this contribution can be extremely small for polaritons as $\xi(\mathbf{Q}) \propto (Qa_B)^3$, where \mathbf{Q} is the transferred wave vector. In the case of cavity polaritons the matrix element of Eq. (46) should be multiplied by the product of Hopfield coefficients of initial and final states.

Another possibility to have an interaction between excitons with opposite spins is to consider the scattering via intermediate dark states⁵² with $|m_z|=2$. In the case of excitons the splitting between the dark and bright states (determined mostly by the short-range electron-hole exchange) is usually small as compared with the typical energy of excitons; therefore such a scattering populates the dark states. This is not the case in microcavities: the splitting between dark and bright states can be quite large (on the order of the Rabi splitting) and hence the dark states can play the role of intermediate, virtual states in the polariton-polariton scattering process. The related matrix element is weakly dependent on the exciton wavevectors but it appears at the next order of perturbation theory.

We carry out the calculation of the scattering rate between the polaritons with opposite spins assuming that the splitting between polariton states and dark excitons states, Δ , exceeds

by far the kinetic energy of polaritons, E_k^P . This condition is fulfilled in quantum microcavities under the resonant excitation of the lower polariton branch below or around the inflection point.

The matrix elements of the interaction-induced transitions from bright to dark states are needed. This process takes place due to the exchange of electrons (or holes) between excitons which results in the transfer of excitons from bright to the dark states. The Hamiltonian matrix element can be calculated using the fermionic approach as follows:

$$\begin{aligned} & \langle \text{vac} | B_{1',+2} B_{2',-2} H_{\text{exc}} B_{1,+1}^\dagger B_{2,-1}^\dagger | \text{vac} \rangle \\ &= (E_1 + E_2) \langle \text{vac} | B_{1',+2} B_{2',-2} B_{1,+1}^\dagger B_{2,-1}^\dagger | \text{vac} \rangle \\ &+ \sum_{nm} \xi \begin{pmatrix} n & 2 \\ m & 1 \end{pmatrix} \langle \text{vac} | B_{1',+2} B_{2',-2} B_{m,+1}^\dagger B_{n,-1}^\dagger | \text{vac} \rangle \\ &= (E_1 + E_2) \lambda \begin{pmatrix} 1' & 2 \\ 2' & 1 \end{pmatrix} + \xi^{in} \begin{pmatrix} 1' & 2 \\ 2' & 1 \end{pmatrix}. \end{aligned} \quad (47)$$

It is clear that such a process is solely determined by the exchange interaction. In order to calculate the matrix element of the exciton-exciton scattering via dark states we need: (i) to orthogonalize the intermediate states with respect to the initial and final states, and (ii) take into account the indistinguishability of the states $|i, m_z; j, -m_z\rangle$ and $|j, -m_z; i, +m_z\rangle$. The first point can be easily achieved by the subtracting from the states of the pairs of excitons with $|m_z|=2$ the admixture of the states where $|m_z|=1$. The corresponding matrix element between the orthogonalized states differs from Eq. (47) by the absence of the first term (which is proportional to $E_1 + E_2$).⁵³ The second point can be dealt with by using the proper symmetrization of the two-polariton wave function. In the case of opposite spin configurations one can introduce either symmetric (s) or antisymmetric (a) combinations as

$$|i, j; |m_z\rangle_s = \frac{1}{\sqrt{2}} (|i, m_z; j, -m_z\rangle + |i, -m_z; j, m_z\rangle), \quad (48a)$$

$$|i, j; |m_z\rangle_a = \frac{1}{\sqrt{2}} (|i, m_z; j, -m_z\rangle - |i, -m_z; j, m_z\rangle). \quad (48b)$$

In the relevant wave vector range, the exciton-exciton scattering matrix elements weakly depend on the values of the wave vectors therefore the exciton-exciton interaction may be considered as short range. In this case the interaction in the antisymmetric state is strongly suppressed as compared with the interaction in the symmetric state because the overlap of the wave functions of excitons in the former state is small.

In what follows let us consider the scattering of two excitons in a symmetric configuration, Eq. (48a). Let us denote $|i_1, i_2; 1\rangle_s$ the initial state, $|f_1, f_2; 1\rangle_s$ the final state. We denote as $|j_1, j_2; 2\rangle_s$ the states of pairs of dark excitons in a symmetric configuration which are orthogonalized with respect to the initial and final states. The matrix element of the transition, calculated to the second order of perturbation theory, can be presented as⁵⁴

$$\mathcal{M}_{i \rightarrow f}^{(2)} = \sum'_{j_1, j_2} (E_{i_1} + E_{i_2} - E_{j_1} - E_{j_2})^{-1} \times \langle f_1, f_2; 1 | H | j_1, j_2; 2 \rangle \langle j_1, j_2; 2 | H | i_1, i_2; 1 \rangle. \quad (49)$$

Here the summation is carried out over the different states (the states $|j_1, j_2; 2\rangle_s$ and $|j_2, j_1; 2\rangle_s$ are actually the same) and the subscript *s* is omitted. Using Eq. (47) this expression can be recast as

$$\mathcal{M}_{i \rightarrow f}^{(2)} = \sum'_{j_1, j_2} (E_{i_1} + E_{i_2} - E_{j_1} - E_{j_2})^{-1} \times \left[\xi^{out} \begin{pmatrix} f_2 & j_2 \\ f_1 & j_1 \end{pmatrix} + \xi^{in} \begin{pmatrix} f_1 & j_2 \\ f_2 & j_1 \end{pmatrix} \right] \times \left[\xi^{out} \begin{pmatrix} j_2 & i_2 \\ j_1 & i_1 \end{pmatrix} + \xi^{in} \begin{pmatrix} j_1 & i_2 \\ j_2 & i_1 \end{pmatrix} \right], \quad (50)$$

where the quantity ξ^{out} is defined as

$$\xi^{out} \begin{pmatrix} n & j \\ m & i \end{pmatrix} = \left[\xi^{in} \begin{pmatrix} j & n \\ i & m \end{pmatrix} \right]^*$$

and represent the Coulomb exchange scattering between the *out* excitons.^{44,45} It is worth noting that the counterpart of Eq. (50) for the antisymmetric wave functions differs by the signs in the square brackets only. We mention that since for free excitons in quantum wells, dark-bright splitting is usually very small as compared to the exciton kinetic energy, Eq. (50) cannot be used and the proper calculation of the matrix element to all orders of perturbation theory is needed. On the other hand, in microcavities the splitting between dark excitons and polaritons may be huge (of the order of the Rabi splitting), which is why the extension of Eq. (50) to the case of the cavity polaritons is perfectly applicable.

This extension is straightforward: the energies for the initial states in the denominator should be polariton energies and energies of intermediate states are not affected by the light-matter coupling simply because these states are dark. Moreover the product of Hopfield factors $\beta_{i_1} \beta_{i_2} \beta_{f_1}^* \beta_{f_2}^*$ should be introduced in Eq. (50). Finally, the result for polaritons reads

$$\mathcal{M}_{i \rightarrow f}^{(2, \text{pol})} = \beta_{i_1} \beta_{i_2} \beta_{f_1}^* \beta_{f_2}^* \sum'_{j_1, j_2} (E_{i_1}^P + E_{i_2}^P - E_{j_1}^P - E_{j_2}^P)^{-1} \times \left[\xi^{out} \begin{pmatrix} f_2 & j_2 \\ f_1 & j_1 \end{pmatrix} + \xi^{in} \begin{pmatrix} f_1 & j_2 \\ f_2 & j_1 \end{pmatrix} \right] \times \left[\xi^{out} \begin{pmatrix} j_2 & i_2 \\ j_1 & i_1 \end{pmatrix} + \xi^{in} \begin{pmatrix} j_1 & i_2 \\ j_2 & i_1 \end{pmatrix} \right]. \quad (51)$$

Equation (51) is the central result of this section. It is a microscopic derivation of the polariton-polariton scattering effective matrix element in the antiparallel-spin configuration, introduced in a number of works, see Refs. 3 and 40.

It was demonstrated in Ref. 40 that the negative relative sign of matrix elements for polariton-polariton scattering in the parallel and antiparallel-spin configurations can lead to an inversion of the linear polarization in microcavities in the nonlinear regime. Provided that the main contribution to the polariton-polariton scattering is determined by the exciton-exciton interaction which, in turn, is determined by the repulsive exchange term ξ^{in} (see Sec. VI), the relative sign of the effective matrix elements is given by the sign of the energy denominator: $(E_{i_1}^P + E_{i_2}^P - E_{j_1}^P - E_{j_2}^P)$. Obviously, if the dark states lie above the bright ones (i.e., we consider the scattering of polaritons of the *lower* branch) the denominator is negative which corresponds to an effective attraction of polaritons and to the inversion of linear polarization. On the *upper* branch the dark states are lower in energy, therefore the denominator is positive, the polariton-polariton interaction is repulsive and the inversion of linear polarization is not observed.

VI. ESTIMATIONS OF SCATTERING MATRIX ELEMENTS

Knowledge, even approximate, of the scattering matrix elements in contexts relevant to experiments is instructive. In this section we provide and discuss simple estimations obtained for both parallel and opposite spin configurations. Detail of the evaluations of the integrals λ and $\rho_{\kappa}(i, j; k)$, respectively defined in Eqs. (10) and (37) is given in Appendix A.

A. Estimation of the scattering matrix elements in the parallel-spin configuration

1. Direct scattering

As in Ref. 44, we find that the direct term of the scattering matrix element, $\xi(\mathbf{Q})$, as a function of transferred wave vector \mathbf{Q} , can be expressed as follows:

$$\xi(\mathbf{Q}) = V_{\mathbf{Q}} [g(\gamma_e \mathbf{Q}) - g(\gamma_h \mathbf{Q})]^2, \quad (52)$$

where $\gamma_e = m_e / M_{\text{exc}}$, $\gamma_h = m_h / M_{\text{exc}}$, with m_e , m_h , and $M_{\text{exc}} = m_e + m_h$ being the electron, hole, and exciton effective masses, respectively; $g(\mathbf{Q}) = (1 + a_B^2 Q^2 / 4)^{-3/2}$ is the Fourier transform of $|\psi(\boldsymbol{\rho})|^2$, and $V_{\mathbf{Q}}$ is the Fourier transform of the two-dimensional (2D) Coulomb interaction potential

$$V_Q = \frac{2\pi e^2}{\kappa S Q}, \quad (53)$$

κ being the background dielectric constant.

In the limit $Q a_B \ll 1$, Eq. (52) reduces to

$$\xi(Q) = \frac{e^2}{\kappa a_B} \frac{a_B^2}{S} \frac{9\pi}{32} (\gamma_e^2 - \gamma_h^2)^2 (Q a_B)^3. \quad (54)$$

2. Exchange scattering

Denoting $\tilde{\varphi}(\mathbf{k})$ the Fourier transform of the 2D exciton ground-state wave function Eq. (A4)

$$\tilde{\varphi}(\mathbf{k}) = \sqrt{\frac{2\pi}{S}} \frac{2a_B}{[1 + (ka_B)^2]^{3/2}}, \quad (55)$$

we find that the Coulomb exchange scattering between *in* excitons, Eq. (13), can be recast as

$$\xi^{in} = \xi_{ee}^{in} + \xi_{hh}^{in} + \xi_{eh}^{in} + \xi_{he}^{in}, \quad (56)$$

where

$$\begin{aligned} \xi_{ee}^{in} = \xi_{hh}^{in} &= \sum_{\mathbf{k}, \mathbf{q}} V_q \tilde{\varphi}\left(\mathbf{k} + \frac{\mathbf{P}_+ + \mathbf{q}}{2}\right) \tilde{\varphi}\left(\mathbf{k} - \frac{\mathbf{P}_+ + \mathbf{q}}{2}\right) \tilde{\varphi}\left(\mathbf{k} + \frac{\mathbf{P}_+ - \mathbf{q}}{2}\right) \\ &\times \tilde{\varphi}\left(\mathbf{k} - \frac{\mathbf{P}_+ - \mathbf{q}}{2}\right), \end{aligned} \quad (57a)$$

$$\begin{aligned} \xi_{eh}^{in} = \xi_{he}^{in} &= - \sum_{\mathbf{k}, \mathbf{q}} V_q \tilde{\varphi}\left(\mathbf{k} + \frac{\mathbf{P}_- + \mathbf{q}}{2}\right) \tilde{\varphi}\left(\mathbf{k} - \frac{\mathbf{P}_- + \mathbf{q}}{2}\right) \\ &\times \tilde{\varphi}\left(\mathbf{k} + \frac{\mathbf{P}_+ + \mathbf{q}}{2}\right) \tilde{\varphi}\left(\mathbf{k} - \frac{\mathbf{P}_+ - \mathbf{q}}{2}\right) \end{aligned} \quad (57b)$$

with

$$\mathbf{P}_\pm = 2\alpha_h \mathbf{p} + (\alpha_h \pm \alpha_e) \mathbf{Q}$$

and \mathbf{p} is the wavevector characterizing the relative motion of excitons.

The general expression of these four contributions to the scattering matrix element ξ^{in} are quite complicated. However, taking into account that the wave vectors of the exciton-polariton center-of-mass motion are very small compared to the inverse Bohr radius, we can simply assume that the moduli of the vectors \mathbf{p} and \mathbf{Q} (and, therefore, \mathbf{P}_\pm) are negligible. It follows that

$$\xi_{ee}^{in} = \xi_{hh}^{in} = \sum_{\mathbf{k}, \mathbf{q}} V_q \tilde{\varphi}^2\left(\mathbf{k} + \frac{\mathbf{q}}{2}\right) \tilde{\varphi}^2\left(\mathbf{k} - \frac{\mathbf{q}}{2}\right), \quad (58a)$$

$$\xi_{eh}^{in} = \xi_{he}^{in} = - \sum_{\mathbf{k}, \mathbf{q}} V_q \tilde{\varphi}^3\left(\mathbf{k} + \frac{\mathbf{q}}{2}\right) \tilde{\varphi}\left(\mathbf{k} - \frac{\mathbf{q}}{2}\right). \quad (58b)$$

Under the assumption that excitons are strictly two-dimensional so that Coulomb interaction is described by the potential Eq. (53) we obtain

$$\xi_{ee}^{in} + \xi_{hh}^{in} \approx 19 \frac{e^2}{\kappa a_B} \frac{a_B^2}{S}, \quad (59a)$$

$$\xi_{eh}^{in} + \xi_{he}^{in} \approx -25 \frac{e^2}{\kappa a_B} \frac{a_B^2}{S} \quad (59b)$$

in agreement with Ref. 19. It is also instructive to compare the amplitudes of direct-scattering and exchange-scattering terms

$$\frac{\xi(q)}{\xi^{in}} \approx 0.15 (\gamma_e^2 - \gamma_h^2)^2 (q a_B)^3 \sim 1.5 \times 10^{-4}, \quad (60)$$

which shows that the exchange mechanism dominates the scattering process. To make the latter estimation we used the following values: $Q \sim 10^5 \text{ cm}^{-1}$ and $a_B \sim 10^{-6} \text{ cm}$. Note that both direct and exchange-scattering processes result in repulsive interactions of polaritons.

B. Estimation of the scattering matrix elements in the opposite spin configuration

The effective matrix element of the polariton-polariton interaction with opposite spins is the most difficult quantity to estimate. The problem stems from the fact that the dark states are involved and, as a consequence, the transferred momentum in the process of virtual transition to the dark states can be arbitrary. The exact evaluation of the effective scattering matrix elements will be a subject of a future work. Here we present an order-of-magnitude estimation of the considered effect.

The initial and final states of an exciton are those with small momenta $K, K' \ll 1/a_B$. Therefore these momenta can be neglected and one can consider the scattering of two excitons from the ground state to the dark states with the momenta \mathbf{P} and $-\mathbf{P}$. Therefore, Eq. (51) can be rewritten as

$$\mathcal{M}_{i \rightarrow f}^{(2, \text{pol})} = h_{i \rightarrow f} \sum_{\mathbf{P}} \frac{|U(\mathbf{P})|^2}{-\Delta - \hbar^2 \mathbf{P}^2 / M_X}. \quad (61)$$

Here $h_{i \rightarrow f}$ is a product of Hopfield factors for initial and final states, cf. Eq. (51), Δ is the splitting between dark and bright states, and

$$U(\mathbf{P}) = \left[\xi^{\text{out}} \begin{pmatrix} \mathbf{P} & 0 \\ -\mathbf{P} & 0 \end{pmatrix} + \xi^{\text{in}} \begin{pmatrix} \mathbf{P} & 0 \\ -\mathbf{P} & 0 \end{pmatrix} \right].$$

The summation over \mathbf{P} can be transformed into an integral as

$$\mathcal{M}_{i \rightarrow f}^{(2)} = h_{i \rightarrow f} \frac{S}{2\pi} \frac{M_X}{2\hbar^2} \int d\varepsilon \frac{|U(\varepsilon)|^2}{-\Delta - \varepsilon}. \quad (62)$$

To make an estimation we assume the following model for $U(\varepsilon)$: $U(\varepsilon) = U_0$ for $\varepsilon < \varepsilon_0$ and 0 otherwise. An integration in Eq. (62) yields

$$\mathcal{M}_{i \rightarrow f}^{(2)} = -h_{i \rightarrow f} \frac{S}{2\pi} \frac{M_X}{2\hbar^2} U_0^2 \ln \left(\frac{\Delta + \varepsilon_0}{\Delta} \right). \quad (63)$$

We set $U_0 = e^2 / (\kappa a_B) (a_B^2 / S)$ [see Eqs. (59a) and (59b)], and $\varepsilon_0 = \hbar^2 / (M_X a_B^2)$ (because the wave vector cut off is at P

$\sim 1/a_B$ and, hence, the cut-off energy is $\hbar^2 K^2/M_X$. Thus, one obtains

$$\mathcal{M}_{i \rightarrow f}^{(2)} \sim -h_{i \rightarrow f} \left(\frac{e^2}{\kappa a_B} \right)^2 \frac{a_B^2 M_X a_B^2}{S \hbar^2} \ln \left(1 + \frac{\hbar^2}{M_X a_B^2 \Delta} \right). \quad (64)$$

The numerical factor is omitted here.

Depending on the relation between $\varepsilon = \hbar^2/(M_X a_B^2)$ and Δ there are two limits

(1) if $\varepsilon = \frac{\hbar^2}{2M_X a_B^2} \ll \Delta$, we obtain

$$\mathcal{M}_{i \rightarrow f}^{(2)} \sim -h_{i \rightarrow f} \frac{1}{\Delta} \left(\frac{e^2}{\kappa a_B} \right)^2 \frac{a_B^2}{S}. \quad (65)$$

(2) if $\varepsilon = \frac{\hbar^2}{2M_X a_B^2} \gg \Delta$, we obtain

$$\mathcal{M}_{i \rightarrow f}^{(2)} \sim - \left(\frac{e^2}{\kappa a_B} \right)^2 \frac{a_B^2 M_X a_B^2}{S \hbar^2} \ln \left(\frac{\hbar^2}{M_X a_B^2 \Delta} \right). \quad (66)$$

So far we have assumed that the light-matter coupling is relatively strong, so that the dark-bright states splitting Δ , being equal to half the Rabi splitting, exceeds by far the matrix elements of polariton-polariton interaction. In this case we can limit the calculation of the scattering amplitude in the opposite spins configuration to the second order of perturbation theory. The situation is different if the light-matter coupling strength is small.

In order to gain a qualitative understanding of the situation with small values of Δ , one can neglect the light-matter interaction entirely and consider the interaction of bare excitons. The exciton-exciton scattering via excited states is discussed in Ref. 20, where it is demonstrated that an interaction of polaritons with opposite spins can result from the scattering via such states as $2s, 1p, \dots$. An estimation given in Ref. 20 has the same dimensional parameters as Eq. (64).

Moreover, the condition $\kappa a_B \ll 1$ shows that the scattering takes place in the so-called low-energy region. Thus, the scattering rates can be strongly enhanced. Under the assumption that the Rabi splitting is smaller than the biexciton (bipolariton) binding energy, one may use the results of a general theory of two-dimensional scattering and write^{39,55-57}

$$\mathcal{M}_{i \rightarrow f} = \frac{4\pi\hbar^2}{M_X S} \ln \left(-\frac{\varepsilon}{E_0} \right). \quad (67)$$

Here ε is the energy of the relative motion of a pair of excitons (or polaritons), $E_0 > 0$ is the biexciton (bipolariton) binding energy. Note that scattering via biexciton or bipolariton states⁵⁸ may be even more efficient than the scattering via dark states.

VII. CONCLUSION

The scattering of excitons and exciton polaritons in two-dimensional semiconductor microcavities has been considered here in the framework of the fermionic commutation technique Ref. 44. Our results can be summarized as follows: (1) The basis of two-excitonic states is overcomplete which requires an orthogonalization of initial and final wave functions for the calculation of the matrix elements and scattering

rates. (2) For a fixed finite number of initial and final states the scattering rates calculated within the fermionic approach and bozonization scheme are equivalent. (3) In the low-density regime the bosonic enhancement of exciton-exciton scattering is reproduced in the fermionic approach. (4) An additional contribution to polariton-polariton scattering rate which arises from the nonlinearity in light-matter interaction is derived. (5) The scattering matrix elements for exciton polaritons with antiparallel-spin configurations are calculated.

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APPENDIX A: EVALUATION OF ρ AND λ OVERLAP INTEGRALS

To evaluate the integral $\rho_{\mathbf{x}}(i, j; k)$ as defined in Eq. (37), we assume that the exciton wave function takes the following form:

$$\varphi_a(\mathbf{r}_e, \mathbf{r}_h) = \frac{1}{\sqrt{S}} e^{i\mathbf{x}_a \cdot \mathbf{R}} \psi(\boldsymbol{\rho}), \quad (A1)$$

where \mathbf{x}_a is the exciton center-of-mass wavevector, $\mathbf{R} = \gamma_e \mathbf{r}_e + \gamma_h \mathbf{r}_h$ is the position of the center of mass and $\boldsymbol{\rho} = \mathbf{r}_e - \mathbf{r}_h$ is the electron-hole relative coordinate. Here S is the normalization area, $\psi(\boldsymbol{\rho})$ is the relative motion wave function. Substituting $\boldsymbol{\rho}_1 = \mathbf{r}_e - \mathbf{r}$ and $\boldsymbol{\rho}_2 = \mathbf{r} - \mathbf{r}_h$ and integrating over \mathbf{r} we obtain

$$\begin{aligned} \rho_{\mathbf{x}}(i, j; k) &= \frac{1}{\sqrt{S}} \delta_{\mathbf{x}_i + \mathbf{x}_j, \mathbf{x}_0 + \mathbf{x}} \int d\boldsymbol{\rho}_1 \int d\boldsymbol{\rho}_2 \psi(\boldsymbol{\rho}_1) \psi(\boldsymbol{\rho}_2) \psi(\boldsymbol{\rho}_1 + \boldsymbol{\rho}_2) \\ &\quad \times \exp[i\boldsymbol{\rho}_1 \cdot (-\gamma_e \mathbf{x}_i - \gamma_e \mathbf{x}_j + \gamma_e \mathbf{x}_0)] \\ &\quad \times \exp[-i\boldsymbol{\rho}_2 \cdot (-\gamma_h \mathbf{x}_i - \gamma_h \mathbf{x}_j + \gamma_h \mathbf{x}_0)]. \end{aligned} \quad (A2)$$

The characteristic length of the ψ function variation is the excitonic Bohr radius while typical values of the wave numbers $\kappa_{i,j,0} \ll a_B^{-1}$ because the polariton wave vectors are determined by the photon wave vectors. Therefore, in the integrations over $\boldsymbol{\rho}_1$ and $\boldsymbol{\rho}_2$ one may omit the exponential terms, which yields

$$\rho_{\mathbf{x}}(i, j; k) = \frac{\delta_{\mathbf{x}_i + \mathbf{x}_j, \mathbf{x}_0 + \mathbf{x}}}{\sqrt{S}} \int d\boldsymbol{\rho}_1 \int d\boldsymbol{\rho}_2 \psi(\boldsymbol{\rho}_1) \psi(\boldsymbol{\rho}_2) \psi(\boldsymbol{\rho}_1 + \boldsymbol{\rho}_2). \quad (A3)$$

Assuming the following form for the wave function of the relative electron-hole motion in the exciton

$$\psi(\boldsymbol{\rho}) = \sqrt{\frac{2}{\pi a_B^2}} \exp(-\rho/a_B) \quad (A4)$$

and introducing the dimensionless quantity

$$\mathcal{I} = \int d\rho_1 d\rho_2 \int d\theta \rho_1 \rho_2 \times e^{-\rho_1} e^{-\rho_2} \times \exp[-\sqrt{\rho_1^2 + \rho_2^2 + 2\rho_1 \rho_2 \cos \theta}] \approx 0.896, \quad (\text{A5})$$

we obtain

$$\rho_{\boldsymbol{\kappa}}(i, j; k) = \frac{4\Omega_R \mathcal{I} a_B^2}{SW} \delta_{\boldsymbol{\kappa}_i + \boldsymbol{\kappa}_j, \boldsymbol{\kappa}_0 + \boldsymbol{\kappa}}, \quad (\text{A6})$$

where W is defined in Eq. (27).

In the same manner the λ overlap integral

$$\lambda = \int d\mathbf{r}_{e_1} d\mathbf{r}_{e_2} d\mathbf{r}_{h_1} d\mathbf{r}_{h_2} \varphi_m^*(\mathbf{r}_{e_1}, \mathbf{r}_{h_2}) \varphi_n^*(\mathbf{r}_{e_2}, \mathbf{r}_{h_1}) \varphi_i(\mathbf{r}_{e_1}, \mathbf{r}_{h_1}) \times \varphi_j(\mathbf{r}_{e_2}, \mathbf{r}_{h_2}). \quad (\text{A7})$$

reduces to the following expression:

$$\frac{1}{S} \delta_{\boldsymbol{\kappa}_i + \boldsymbol{\kappa}_j, \boldsymbol{\kappa}_m + \boldsymbol{\kappa}_n} \int d\boldsymbol{\rho}_1 \int d\boldsymbol{\rho}_2 \int d\mathbf{r} \psi(\boldsymbol{\rho}_1 + \mathbf{r}) \psi(\boldsymbol{\rho}_1) \psi(\boldsymbol{\rho}_2 - \mathbf{r}) \psi(\boldsymbol{\rho}_2), \quad (\text{A8})$$

which can be further simplified

$$\lambda = \frac{8a_B^2}{\pi S} \delta_{\boldsymbol{\kappa}_i + \boldsymbol{\kappa}_j, \boldsymbol{\kappa}_m + \boldsymbol{\kappa}_n} \mathcal{J}, \quad (\text{A9})$$

where \mathcal{J} is given by

$$\mathcal{J} = \int d\rho_1 d\rho_2 \int dr \int d\theta_1 \int d\theta_2 \rho_1 \rho_2 r e^{-\rho_1} e^{-\rho_2} \times \exp[-\sqrt{\rho_1^2 + r^2 - 2\rho_1 r \cos \theta_1}] \times \exp[-\sqrt{\rho_2^2 + r^2 + 2\rho_2 r \cos \theta_2}] \quad (\text{A10})$$

and is numerically evaluated: $\mathcal{J} \approx 3.95$.

APPENDIX B: CALCULATION OF THE SCALAR PRODUCT INVOLVING THREE-PARTICLE STATES

Using the commutation rules outlined in Eqs. (6.32)–(6.35) of Ref. 45 we can exchange the order of B_2 and $(B_0^\dagger)^2$ in Eq. (20) and, afterward, swap B_2 and B_1^\dagger . Finally, there are two types of terms that do not vanish

$$\sum_n 2 \langle \text{vac} | B_1^2 B_0^\dagger B_n^\dagger | \text{vac} \rangle \left[\lambda \begin{pmatrix} n & 0 \\ 2 & 1 \end{pmatrix} + \lambda \begin{pmatrix} 2 & 0 \\ n & 1 \end{pmatrix} \right] \quad (\text{B1})$$

and

$$- \sum_n 2 \langle \text{vac} | B_1^2 B_n^\dagger B_1^\dagger | \text{vac} \rangle \lambda \begin{pmatrix} n & 0 \\ 2 & 0 \end{pmatrix}. \quad (\text{B2})$$

There is a significant difference between the magnitudes of the terms given in Eqs. (B1) and (B2). The contribution Eq. (B1) is small as compared to Eq. (B2) because the latter is determined by the term with $n=1$, where $\langle \text{vac} | B_1^2 B_1^\dagger B_1^\dagger | \text{vac} \rangle \approx 2$, while the magnitudes of all the terms in Eq. (B1) are further reduced because of the factor $\langle \text{vac} | B_1^2 B_0^\dagger B_n^\dagger | \text{vac} \rangle \propto \nu$. Retaining only term with $n=1$ in Eq. (B2) we obtain the right-hand side of Eq. (20).

APPENDIX C: CALCULATION OF THE MATRIX ELEMENT OF HAMILTONIAN INVOLVING THREE-PARTICLE STATES

Performing the commutation of the operators H_{exc} and $(B_0^\dagger)^2$ in Eq. (21), we obtain four terms

$$\langle \text{vac} | B_1^2 B_2 H_{\text{exc}} (B_0^\dagger)^2 B_1^\dagger | \text{vac} \rangle = \langle \text{vac} | B_1^2 B_2 (B_0^\dagger)^2 H_{\text{exc}} B_1^\dagger | \text{vac} \rangle \quad (\text{C1a})$$

$$+ 2E_0 \langle \text{vac} | B_1^2 B_2 (B_0^\dagger)^2 B_1^\dagger | \text{vac} \rangle \quad (\text{C1b})$$

$$+ 2 \langle \text{vac} | B_1^2 B_2 B_0^\dagger V_0^\dagger B_1^\dagger | \text{vac} \rangle \quad (\text{C1c})$$

$$+ \sum_{nm} \xi \begin{pmatrix} n & 0 \\ m & 0 \end{pmatrix} \langle \text{vac} | B_1^2 B_2 B_m^\dagger B_n^\dagger B_1^\dagger | \text{vac} \rangle. \quad (\text{C1d})$$

The first two terms on the right-hand side of the equation above, which we denote a and b can be evaluated easily

$$a = E_1 \langle f | i \rangle. \quad (\text{C2a})$$

$$b = 2E_0 \langle f | i \rangle. \quad (\text{C2b})$$

Term Eq. (C1c) can be recast in a similar to the term Eq. (C1d) form

$$c = 2 \sum_{nm} \xi \begin{pmatrix} n & 0 \\ m & 0 \end{pmatrix} \langle \text{vac} | B_1^2 B_2 B_0^\dagger B_m^\dagger B_n^\dagger | \text{vac} \rangle \quad (\text{C2c})$$

and the term Eq. (C1d) can be recast as

$$d = \langle \text{vac} | B_n B_m (B_1^\dagger)^2 B_1 B_2^\dagger | \text{vac} \rangle^* \quad (\text{C3a})$$

$$+ 2 \langle \text{vac} | B_n B_m B_1^\dagger (1 - D_{11}) B_2^\dagger | \text{vac} \rangle^* \quad (\text{C3b})$$

$$- 2 \sum_k \lambda^* \begin{pmatrix} k & 1 \\ 1 & 1 \end{pmatrix} \langle \text{vac} | B_n B_m B_k^\dagger B_2^\dagger | \text{vac} \rangle^*, \quad (\text{C3c})$$

where D_{11} is the deviation-from-boson operator introduced in Ref. 43.

The leading-order contribution ($\propto \nu$) is given by the first summand in Eq. (C3b). It yields

$$d = 4\xi \begin{pmatrix} 2 & 0 \\ 1 & 0 \end{pmatrix} - 4\xi^{in} \begin{pmatrix} 2 & 0 \\ 1 & 0 \end{pmatrix}. \quad (\text{C4})$$

One can check that Eq. (C3a) gives a zero contribution, and Eqs. (C3c) and (C2c) yield similar expressions but with extra λ factors, which give corrections on the order of ν^2 to the effective scattering rate.

APPENDIX D: MATRIX ELEMENTS OF EXCITON-PHOTON INTERACTION HAMILTONIAN

To calculate the contribution of absorption nonlinearity to the polariton-polariton scattering rates, knowledge of the overlap between the polariton state $P^\dagger B_0^\dagger | \text{vac} \rangle$ and the two-exciton state $B_1^\dagger B_2^\dagger | \text{vac} \rangle$, is useful

$$\begin{aligned}
\langle \text{vac} | B_1 B_2 P^\dagger B_0^\dagger | \text{vac} \rangle &\propto \sum_{k_1^e, k_1^h} \sum_{k_2^e, k_2^h} \sum_{k_0^e, k_0^h} \sum_{\boldsymbol{x}_e, \boldsymbol{x}_h} \delta_{\boldsymbol{x}_e - \boldsymbol{x}_h + \boldsymbol{x}} \int d\boldsymbol{r}_{e_1} d\boldsymbol{r}_{h_1} \int d\boldsymbol{r}_{e_2} d\boldsymbol{r}_{h_2} \int d\boldsymbol{r}_{e_0} d\boldsymbol{r}_{h_0} \exp[i\boldsymbol{k}_1^e \boldsymbol{r}_{e_1} + i\boldsymbol{k}_1^h \boldsymbol{r}_{h_1} + i\boldsymbol{k}_2^e \boldsymbol{r}_{e_2} + i\boldsymbol{k}_2^h \boldsymbol{r}_{h_2} - i\boldsymbol{k}_0^e \boldsymbol{r}_{e_0} \\
&\quad - i\boldsymbol{k}_0^h \boldsymbol{r}_{h_0}] \varphi_1^*(\boldsymbol{r}_{e_1}, \boldsymbol{r}_{h_1}) \varphi_2^*(\boldsymbol{r}_{e_2}, \boldsymbol{r}_{h_2}) \varphi_0(\boldsymbol{r}_{e_0}, \boldsymbol{r}_{h_0}) \times \langle \text{vac} | a_{k_1^e} a_{k_2^e} a_{\boldsymbol{x}_e}^\dagger a_{k_0^e}^\dagger | \text{vac} \rangle \langle \text{vac} | b_{k_1^h} b_{k_2^h} b_{\boldsymbol{x}_h}^\dagger b_{k_0^h}^\dagger | \text{vac} \rangle \\
&= \int d\boldsymbol{r} d\boldsymbol{r}_e d\boldsymbol{r}_h \varphi_2^*(\boldsymbol{r}, \boldsymbol{r}) e^{i\boldsymbol{x}\boldsymbol{r}} \varphi_1^*(\boldsymbol{r}_e, \boldsymbol{r}_h) \varphi_0(\boldsymbol{r}_e, \boldsymbol{r}_h) + \int d\boldsymbol{r} d\boldsymbol{r}_e d\boldsymbol{r}_h \varphi_1^*(\boldsymbol{r}, \boldsymbol{r}) e^{i\boldsymbol{x}\boldsymbol{r}} \varphi_2^*(\boldsymbol{r}_e, \boldsymbol{r}_h) \varphi_0(\boldsymbol{r}_e, \boldsymbol{r}_h) \\
&\quad - \int d\boldsymbol{r} d\boldsymbol{r}_e d\boldsymbol{r}_h \varphi_1^*(\boldsymbol{r}_e, \boldsymbol{r}) \varphi_2^*(\boldsymbol{r}, \boldsymbol{r}_h) e^{i\boldsymbol{x}\boldsymbol{r}} \varphi_0(\boldsymbol{r}_e, \boldsymbol{r}_h) - \int d\boldsymbol{r} d\boldsymbol{r}_e d\boldsymbol{r}_h \varphi_2^*(\boldsymbol{r}_e, \boldsymbol{r}) \varphi_1^*(\boldsymbol{r}, \boldsymbol{r}_h) e^{i\boldsymbol{x}\boldsymbol{r}} \varphi_0(\boldsymbol{r}_e, \boldsymbol{r}_h), \tag{D1}
\end{aligned}$$

The above result was found using the following identity:

$$\langle \text{vac} | a_{k_1^e} a_{k_2^e} a_{\boldsymbol{x}_e}^\dagger a_{k_0^e}^\dagger | \text{vac} \rangle \langle \text{vac} | b_{k_1^h} b_{k_2^h} b_{\boldsymbol{x}_h}^\dagger b_{k_0^h}^\dagger | \text{vac} \rangle = (\delta_{k_0^e, k_1^e} \delta_{\boldsymbol{x}_e, k_2^e} - \delta_{k_0^e, k_2^e} \delta_{\boldsymbol{x}_e, k_1^e}) \times (\delta_{k_0^h, k_1^h} \delta_{\boldsymbol{x}_h, k_2^h} - \delta_{k_0^h, k_2^h} \delta_{\boldsymbol{x}_h, k_1^h}). \tag{D2}$$

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